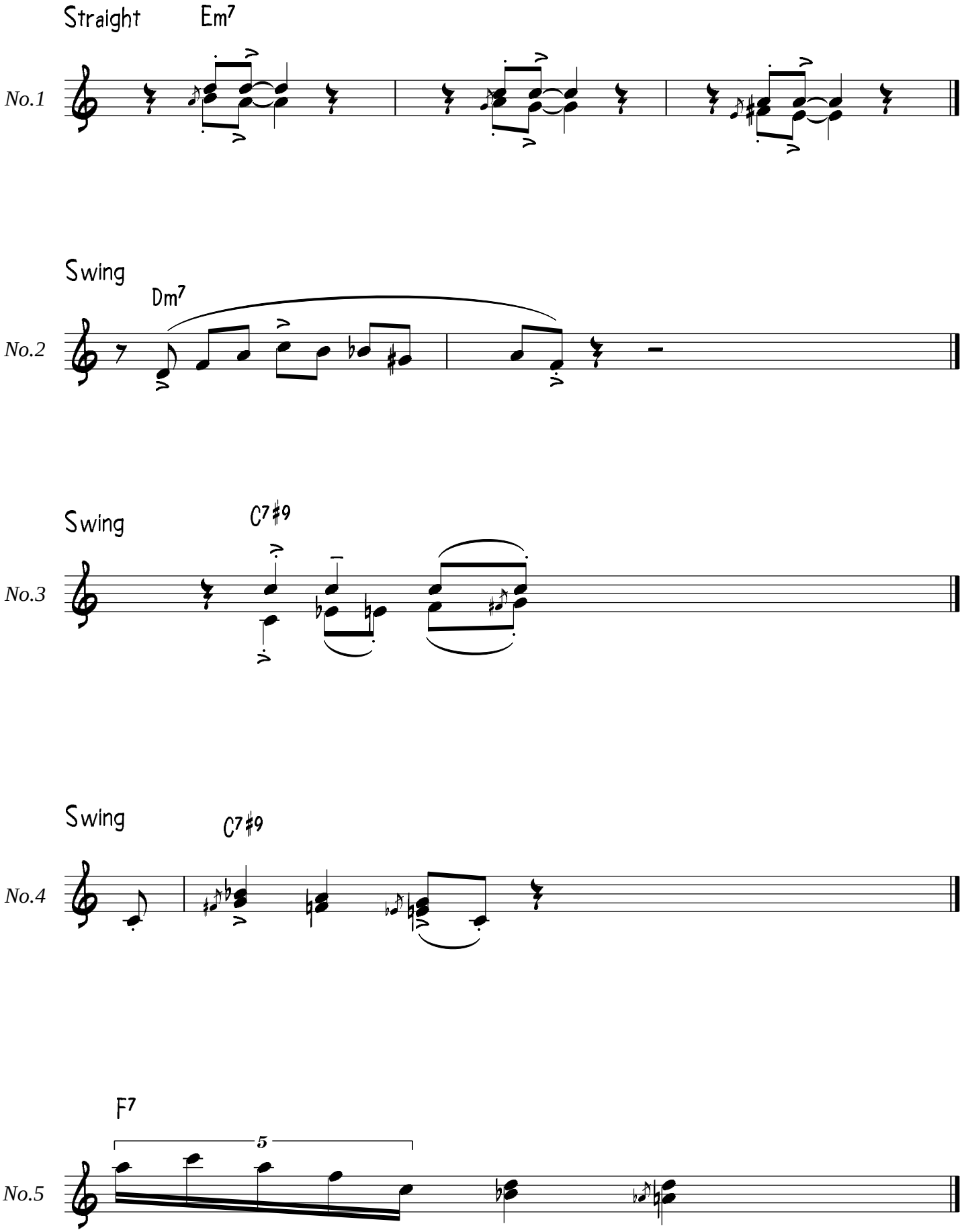Some of my Favourite Licks